

OPEN FARMS

Sunday, September 8, 2019

10am–4pm | Free Admission

OpenFarms.ca



REAL FOOD. REAL FARMS. REAL PEOPLE.



FARMS

A Food Less Travelled ⓘ

6674 Road 38, Verona

Kim & Dave Perry

- » Try your hand at roping cattle with Farmer Dave.
- » Purchase local food from across the region.
- » See cattle, donkeys, ducks, and goats up close.
- » Meet Cari from Tryon Farm, Suzanne from Sparling Natural Foods, Jeff and Hannah from Wilton Creek Dairy and the Beef Farmers of Frontenac.

B Maple Ridge Farm ⓘ

3098 Alton Road, Sydenham

Becky Williams & Mark McCrady

- » Build your own bouquet with freshly cut Maple Ridge flowers.
- » Learn about beekeeping and buy honey, pork, eggs, and flowers in the farm store.
- » See the chickens, pigs, and Irish Dexter Cattle.
- » Check out Tractor Alley and play some fun games.

C Five Star Farm

3262 Scanlan Road, Sydenham

Tracey & Curtis Moore

- » See and interact with all the animals.
- » Enjoy a wagon ride through the hay fields.
- » Learn about the haying process and how weather affects crops in Ontario.
- » Meet and purchase from local vendors.

D Long Road Eco Farm

3757 Highway 38, Harrowsmith

Jonathan Davies & Xiaobing Shen

- » Learn about greenhouse production, Chinese vegetables and making "Farm Sum."
- » Tour the farm and greenhouse.
- » Purchase fresh and frozen steamed buns at the farm store.
- » Enjoy a trail walk.

E Fat Chance Farmstead

3711 Highway 38, Harrowsmith

Josh Suppan & Jen Valberg

- » Learn about growing certified organic fruits and vegetables.
- » Purchase chocolate covered strawberries and organic produce.
- » Have fun in the farmy photo booth and the giant sand pile.
- » Play the "Guess that Farm Implement" game.

F Otter Creek Farms ⓘ

3439 Highway 38, Kingston

DJ & Rebecca Cook

- » Enjoy a meal from the Otter Creek Food Truck.
- » Purchase Wagyu beef boxes.
- » Learn about Wagyu Cattle and Embryo Transfer Technology.
- » See Wagyu calves in the barn and field.

G Sun Harvest Greenhouses ⓘ

2542 Perth Road, Glenburnie

Allison & Greg Shannon

- » See the 35' long tomato vines during a guided tour of the hydroponic greenhouse.
- » Enjoy a meal from Glocca Morra Grill.
- » Roam through the flower greenhouse and a half acre of flowers in the cutting garden.
- » Purchase field-grown seasonal produce and a 'Porch Package' to decorate your home for the fall season.

H Sunset Farm

4403 Latimer Road, Inverary

Andrea & Orrie Cumpson, Charlie & Hailey Cumpson

- » Observe spelt flour milling demonstrations.
- » Learn about milking cows.
- » See the chickens, pigs, and cows all grazing in their pastures.
- » Purchase products at the on-farm store.

I Frontenac County Plowing Match

3645 Latimer Rd, Inverary

Frontenac County Plowmen's Association

- » Watch as local farmers compete to plow the straightest furrow.
- » Grab lunch at the 4-H Club Fundraiser BBQ.
- » Enjoy local entertainment, wagon rides, local food, and a vendor village.
- » Learn about traditional farming and plowing methods.

J Loughborough Heritage Orchard

3371B Lakeside Rd, Inverary

Marc and Stella Hiemstra

- » Pick your own apples and buy lots of apple inspired products in the farm store.
- » Let the kids enjoy the supervised children's play area.
- » Hike the lakeside trails and into the sugar bush.
- » Enjoy live music by Arise & Go, featuring fiddle, bagpipe, percussion and guitar.



Share your adventure on Instagram,
Facebook & Twitter using #InFrontenac



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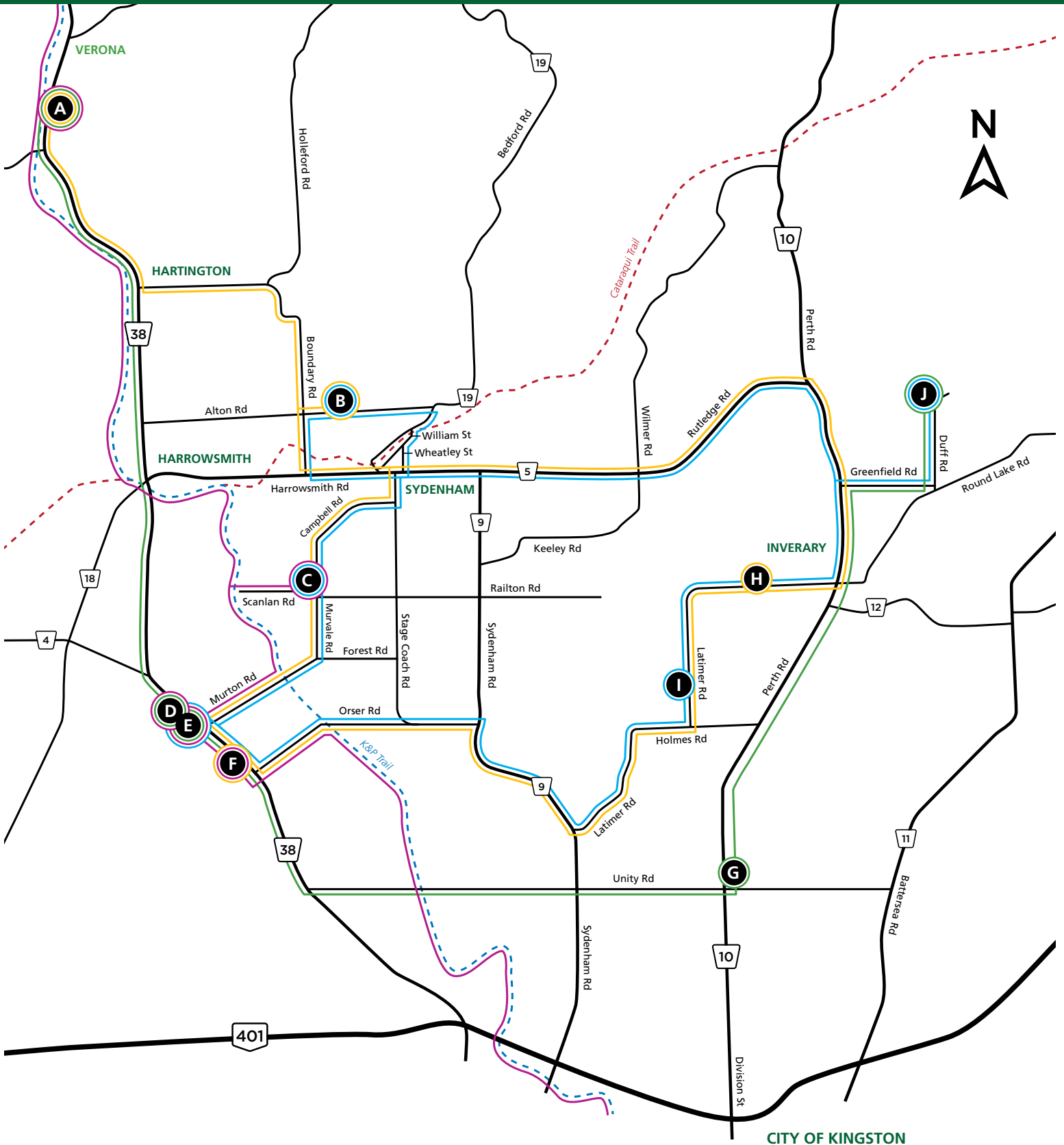
Suggested Routes

Family Fun **B C E I J**

Fruits & Veggies **A D E G J**

Cyclists **F E D C A**

Meat Eater's Delight **A B F H**



Visitor Checklist

- Leave pets at home
- Bring cash and a cooler
- Wear comfy shoes
- Dress for the weather
- Bring the map, plan a route
- Ask lots of questions
- Stay safe



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